

SAFETY & LEGAL FRAMEWORK SHEET — OPEN WATER (INDEPENDENT)

Operational Document for Independent Associations and Commercial Structures / SMEs

Structure: _____

Type: Independent Asso [] Commercial / Pro []

Practice Site: _____

Special Legal Framework: Non-affiliated structures (independent associations, private schools, freelance guides) do not benefit from a federation umbrella. The obligation of means, professional/collective liability insurance, and compliance with the Sports Code apply with reinforced direct liability.

1. ADMINISTRATIVE, CACI & REGULATION (NON-AFFILIATED)

Structure Type	Medical Certificate (CACI) / Questionnaire	Insurances & Supervision Qualification
Independent Association (Adults & Minors)	No legal obligation for CACI. Freely set in Internal Regulations (CACI recommended or liability waiver/health questionnaire).	MANDATORY Associative RC (Art. L. 321-1 Sports Code). Qualified or experienced supervising volunteers required.
Commercial / Pro Structure (Providers, Schools, Guides)	Not required by law. Commercial freedom: simple customer self-declaration, liability waiver, or CACI according to Terms & Conditions (GTC).	MANDATORY Professional RC. Remunerated supervision = State Diploma required (BEES, BPJEPS AAN, DEJEPS).

Mandatory Administrative Documents On-Site:

- ☐ **Attendance Register / Sign-in Sheet:** Name, first name, entry/exit time, acceptance of GTC / Internal Regulations.
- ☐ **Contact / Emergency Forms:** Emergency contact number and declaration of known medical risks.
- ☐ **Insurance Certificates:** Valid Civil Liability certificate (Asso RC or Pro RC).
- ☐ **Domain Occupation Authorization / Declaration:** Town hall agreement (lake/bathing area) or DDTM/CROSS (sea).
- ☐ **Rescue & Safety Organization Plan (POSS):** Internal document specific to the practice site.

2. SAFETY KIT & EQUIPMENT

Participant Individual Equipment

- **Inflatable safety buoy:** Mandatory towing float (visibility & support point).
- **Fluorescent cap:** High-visibility color (yellow, orange, pink).
- **Marine whistle (pealess):** Attached to the float or wetsuit.
- **Isothermal wetsuit:** Recommended or mandatory depending on temperature set by the guide.

Water Supervision & Monitoring

- **Escort watercraft:** Kayak, Stand-Up Paddle, or escort boat (mandatory if >300m).
- **Extraction equipment:** Rescue Can or ring buoy with throw line.
- **Alpha Flag:** "Divers / Swimmers in water" flag on the craft.
- **Sound alert:** High-power supervision whistle.

Rescue Bag & Emergency Kit (Available Ashore or Aboard)

- **Waterproof communication device:** Phone in waterproof pouch pre-saved with **112** (Land/lake emergency) and **196** (Sea CROSS).
- **Complete first aid kit:** Survival blankets (absolute hypothermia priority), sterile compresses, elastic bandages, antiseptic, waterproof dressings, saline solution, tweezers, fast sugar/energy gels.

3. OPERATIONAL WORKFLOW & CLIENT/MEMBER BRIEFING

A. Session Start Briefing (Mandatory - 5 min)

- **Weather & Environment Conditions:** Wind, current, sea/water body state, water temperature.
- **Course & Safety Instructions:** Swimming direction, visual landmarks, turnaround points, and zone limits.
- **Buddy System:** Grouping participants by equivalent level (swimming alone prohibited).

Communication Code

- **1 long whistle blast / Vertical paddle:** Immediate regrouping / Stop swimming.
- **Repeated whistle blasts:** Emergency — Rescue in progress or immediate return to shore.

4. MONITORING GRID & REACTION TO AT-RISK BEHAVIORS

Observed Sign / Behavior	Possible Cause	Mandatory Supervisor Action
Transitioning to upright breaststroke / Head high out of water	Breathlessness, panic, loss of orientation.	Secure the swimmer, have them grab their buoy, reassure and stop exertion.
Immobile swimmer clinging to towing buoy	Cramp, extreme fatigue, malaise.	Immediate SUP/Kayak intervention, visual assessment, repatriation.
Shivering, blue lips, jerky movements	Onset of hypothermia.	Immediate water exit, drying, survival blanket, gradual warming.
Isolation / Straying from group trajectory	Inattention or exceeding capacity.	Whistle recall, reintegration into the group with their buddy.

Safety Sheet — Non-Affiliated Structure (Associative/Commercial) • General information document to adapt to your site specifics and your GTC / Internal Regulations.